

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:2, starttime: 15:14
Heat: 2/5 Lane : 6 Athlete: BULLEN LOTTE					Q-time: 01:22:02
PB (25m pool): 01:21.98 Ternat 26/12/2024					PB (50m pool): 01:22.49 SB: 01:22.02 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.19		01:21.98	
	00:39.19		00:42.79		
					

Coach feedback:

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:5, starttime: 15:20
Heat: 5/5 Lane : 1 Athlete: RUYSSINCK DIEDE					Q-time: 01:19:20
PB (25m pool): 01:19.20 Lokeren 28/09/2025					PB (50m pool): 01:21.91 SB: 01:20.85 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.88		01:19.20	
	00:37.88		00:41.32		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:3, starttime: 15:36	
Heat: 3/5 Lane : 5 Athlete: OSSELAER GEIKE							Q-time: 02:21:45	
PB (25m pool): 02:21.45 Eeklo 06/04/2026				PB (50m pool): 02:29.59SB: 02:26.12 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.98		01:10.63		no time		02:21.45
	00:33.98		00:36.65					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:38	
Heat: 4/5 Lane : 1 Athlete: BAYENS NINA							Q-time: 02:19:54	
PB (25m pool): 02:19.54 Gent 23/02/2025				PB (50m pool): 02:22.40 SB: 02:20.88 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.65		01:07.86		01:43.62		02:19.54
	00:32.65		00:35.21		00:35.76		00:35.92	
								

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:5, starttime: 15:41	
Heat: 5/5 Lane : 3 Athlete: EELBODE EMELIE							Q-time: 02:12:19	
PB (25m pool): 02:14.13 EEKLO 04/10/2026				PB (50m pool): 02:12.19SB: 02:14.13 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.20		01:04.34		no time		02:14.13
	00:30.20		00:34.14					
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:4, starttime: 15:53	
Heat: 4/6 Lane : 7 Athlete: BOMBEECK MATHIAS							Q-time: 02:18:13	
PB (25m pool): 02:18.13 EEKLO 04/10/2026				PB (50m pool): 02:23.36SB: 02:18.13 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.59		01:06.76		no time		02:18.13
	00:30.59		00:36.17					
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:5, starttime: 15:56	
Heat: 5/6 Lane : 3 Athlete: VERNAILLEN SEPPE							Q-time: 02:12:33	
PB (25m pool): 02:12.33 EEKLO 04/10/2026				PB (50m pool): 02:19.14 SB: 02:12.33 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.75		01:03.48		no time		02:12.33
	00:29.75		00:33.73					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:2, starttime: 17:07	
Heat: 2/4 Lane : 4 Athlete: WOJCIULA TYMON							Q-time: 02:23:22	
PB (25m pool): 02:23.22 T ROSCO 12/10/2025				PB (50m pool): 02:24.31 SB: 02:24.11 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.63		01:10.34		01:48.35		02:23.22
	00:33.63		00:36.71		00:38.01		00:34.87	
								

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14							Heat:1, starttime: 17:17	
Heat: 1/4 Lane : 6 Athlete: OSSELAER GEIKE							Q-time: 00:33:95	
PB (25m pool): 00:34.75 Temse 17/11/2025							PB (50m pool): 00:33.95 SB: no time	
	2 5 M		5 0 M					
PB			00:34.75					
	00:34.75							
								

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14							Heat:2, starttime: 17:18	
Heat: 2/4 Lane : 5 Athlete: BAYENS NINA							Q-time: 00:32:67	
PB (25m pool): 00:32.67 T ROSCO 12/10/2025				PB (50m pool): 00:33.17 SB: no time				
	2 5 M		5 0 M					
PB			00:32.67					
	00:32.67							
								

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14							Heat:4, starttime: 17:20			
Heat: 4/4 Lane : 8 Athlete: DE SMET LILY							Q-time: 00:31:13			
PB (25m pool): 00:31.25 EEKLO 04/10/2026				PB (50m pool): 00:32.28 SB: 00:31.25 EEKLO 04/10/2026						
	2 5 M		5 0 M							
PB			00:31.25							
	00:31.25									
										

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 50: 50M BUTTERFLY MEN 13-14			Heat:1, starttime: 17:22
Heat: 1/3 Lane : 4 Athlete: BLONDEEL NILS			Q-time: 00:31:28
PB (25m pool): 00:30.97 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:33.78 SB: 00:30.97 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	
PB		00:30.97	
		00:30.97	
			

Coach feedback: